



INSIDE

Minister's Message2
 Partners in Prosperity3
 Community4
 Board Update.....5
 Volunteer Opportunities.....5
 Calendar6

"Did you move the hose and sprinkler last night?"

"I know I put them here yesterday, where are they?"

MYSTERIES IN THE SUBURBS

ON A LOWER VIBRATION. BY JUNE GUMZ

Mysteries in the suburbs are not usually as dramatic as those in cities. For instance, I have three cherry trees. One was purchased and planted by me; the other two volunteered. They could be the result of bird droppings, squirrels digging or a wind from afar. Who knows? Since the cherries they produce don't live up to my standards, the birds, squirrels and occasional raccoon enjoy the bounty.



June Gumz, editor

"Did you move the hose and sprinkler last night?," asked a friend staying with me. She remembered where she left them the previous day and they weren't there in the morning. We speculated that someone from the park behind my house might have needed a drink (a few homeless people have been spotted sleeping there off and on) or an animal was thirsty and moved it. For several days we made note of where we left the hose and then checked in the morning to see if it was in the same place. This may not seem like a big deal to city dwellers but the thought of someone routinely moving around in our yard at night was disturbing. One day as I was watering flowers in the SW corner of the yard and I saw some strange scat full of cherry seeds. My friend, who had first noticed the hose/sprinkler movements, suggested we check with Google to see what kind of animal left it. A few minutes later she proudly showed me a picture of raccoon scat on her little laptop. Mystery solved. Everyone knows raccoons fastidiously wash their food.



Two blocks from my home is a gigantic walnut tree which supplies crows, scrub jays and squirrels in the area. The squirrels who live in one of my birch trees must cross one busy street and two quiet ones to reach the tree. Day after day they race to the spot where hundreds of walnuts lay on the pavement waiting to be collected. Where is the mystery in that you might ask? Well, from my window I see squirrels patiently burying their walnuts for future meals. As soon as the squirrels leave, crows or scrub jays swoop down and poke the ground where the walnuts hide and remove them. The mystery here is from the squirrel's point of view when he goes to retrieve his stash. "I know I put them here yesterday, where are they?"



Suburban mysteries are on a lower vibration than city excitement. I like that.



Rev. Larry King

"If we want to experience more freedom, we must be willing to have different lives—to think in new ways and to make different choices. Bravery will be required."

MESSAGE BY REV. LARRY KING

FREEDOM REQUIRES BRAVERY

Our theme for July is **Freedom** and I'm using Beth Kempton's book *"Freedom Seeker"* for inspiration. Ms. Kempton provides us with wonderful stories of freedom achieved through the use of eight keys.

One of her keys is "boldness and bravery." By this she means that we may be required to break out of our cages—even the self-imposed ones. We have to get beyond the inertia of our day-to-day lives and go with a new plan.

The trouble is, our prisons are familiar. We may be uncomfortable, but we also feel safe in our current situation. We'd like to experience greater freedom, but it doesn't seem possible within the context of our current life.

That's because it's not.

If we want to experience more freedom, we must be willing to have different lives—to think in new ways and to make different choices. Bravery will be required.

Our egos fear the unknown. I think the ego's main job is to keep us safe—but safety generally implies avoiding new things.

From his sermon, *A Tough Mind and a Tender Heart*, Rev. Martin Luther King, Jr. reminds us:

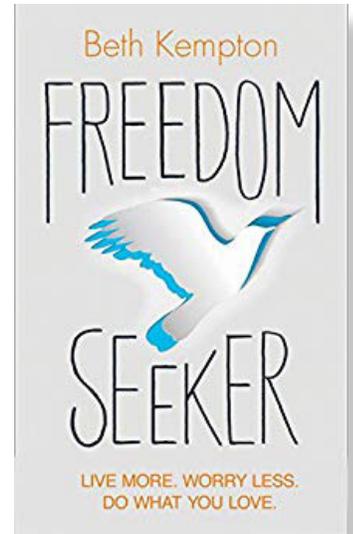
"The soft-minded man always fears change. He feels security in the status quo, and he has an almost morbid fear of the new. For him, the greatest pain is the pain of a new idea."

It's time for that new idea. It's time to try new things. It's time to take a stand on what we believe to be true and good. It's time to re-assert our authentic selves and be bold in choosing what's right for our own lives. It's time for Dr. King's "tough mind."

Not at the expense of others. Not to provoke or confront out of meanness or discourtesy, although it may be misinterpreted that way. Freedom simply requires us to get out of our comfort zone and think and choose based on what we know to be true for our own souls.

How do we do this? The answer may be simpler than you think. The next time you're faced with a decision or are weighing some options, try the "freedom test." For each option ask yourself. If I make this choice, will I be more free?

You'll know what to do.



Larry

PARTNERS IN PROSPERITY

A Year-round Focus BY JANINE STEWART

Would you know how to answer the question, “What does the Partners in Prosperity Team do for PCSL?” I’d like to take a few moments to insure you do. The team is a subcommittee of the Board. It is chaired by a board member, currently me, Janine Stewart. Current team members are Len Stanley, Kathy Marshack, Sam Gates, and Marci Beck. We meet once a month with Rev. Larry.

The scope of this team has evolved over the past year. For several years, the team’s focus was primarily centered on the Fall pledge drive and ‘Thank You’ dinner. Two years ago, Rev. Larry attended a conference presented by the home office on Financial Freedom for Centers for Spiritual Living. I had the privilege of attending this conference, along with Sara Johnson, last year. The concepts presented at this conference helped us realize that prosperity is something we need to focus on year-round, not just in October.

In February and May, the PIP team sponsored Town hall potlucks, a new type of meeting that hadn’t happened at PCSL before. We’d had Town halls before but never combined with a potluck. These events have been very successful, drawing approximately 30 people each time. Community members have the opportunity to eat a meal together and get to know each other. Rev. Larry then gives a “State of the Center” report. Previous reports have included an update on the financial health of the Center, the increased outreach to pod cast listeners, what is happening in our new building search, and other current events. There is also time for Q/A. Two more of these Townhall potlucks are scheduled: one in August and one in November. Please consider joining us for one of these informal and interactive events to stay in touch with what’s happening at the Center.

The team has recently identified a new role, that of holding the sacred space for prosperity thinking at PCSL. Beginning in August, we will include a visioning session as a regular activity of each meeting. Financial Freedom for the Center will be the team’s focus for the next three months. In addition, we have scheduled time for a community wide visioning session. Please join us after the second service on October 7, at 12:30. We plan to make this a quarterly event in the life of PCSL.

In short, the Partners in Prosperity Team supports Rev. Larry and the Center in realizing the unlimited power we have as a spiritual community to create prosperous, abundant, successful lives.



Janine Stewart

“...prosperity is something we need to focus on year-round, not just in October.”



Current PIP team members: Marci Beck, Sam Gates, Rev. Larry King and Janine Stewart.
(Not pictured: Len Stanley and Kathy Marshack)

GET TO KNOW YOUR COMMUNITY

Tony Lewis and Albert Chen BY JUNE GUMZ

Tony Lewis says he was born into Science of Mind and has been connected with it off and on his whole life. About six years ago, Albert Chen was engaged in a quest to find the true meaning of Spirit and found Tony instead; he was attending Unity of Portland at the time. They migrated to PCSL in 2012 and have been coming ever since.

The timing of their first visits to PCSL were in October when all of the messages were about money and prosperity. They hung in there though and have become solid members of the community. Tony and Albert are regular greeters and ushers, have performed in talent shows, taken classes and hosted Connection Circles in their "mansion." They are venturing into Divine Dining this summer. Oh, I forgot to mention, Tony was the M.C. at Rev. Larry's 10th anniversary party/roast.

These two fellows like to garden (vegetables and flowers), ride bikes to work, collect gem stones and minimize shopping and consumerism. Tony does stand-up comedy from time to time and thinks the audience feels he shouldn't quit his day job yet.

Tony works at PSU as an academic adviser and sometimes gets to teach courses at the University in Spanish Linguistics. He also has a part-time job documenting and revitalizing an endangered language with only 10 speakers in interior Alaska. Albert had "the good fortune of being asked to leave his previous job of five years (truly a blessing)." This good fortune has afforded him the opportunity to explore his true passions: urban planning and design, cartography and writing. He is now taking classes at PSU and searching (more intentionally this time) for employment

which will feed him spiritually.

One fascinating fact about these guys is that shortly after meeting, they unexpectedly acquired an enormous, elegant mansion in Milwaukie and dream of it evolving into a unique community resource in which members of the community gather frequently to share wisdom and spiritual insights.

[They] dream of [their home] evolving into a unique community resource in which members of the community gather frequently to share wisdom and spiritual insights.



Albert Chen and Tony Lewis, active Center members – greeters and ushers, talent show, Connection Circles, classes, and Divine Dining.

BOTTLE DROP IS THE NEW WORD BY SARA JOHNSON

What is BottleDrop you ask? It's a nonprofit program for returnable bottles and cans that PCSL has joined. Why? You want to be Earth conscious, right? So does PCSL and now we have a great opportunity.

After listening to Sean Larkin's proposal, the Board wants to offer the convenience of having PCSL return your bottles and cans for you. We are supplying blue return bags with PCSL's account info to fill with your Clean, Empty, Returnable Bottles and Cans. You can always get more of the blue bags in the Sanctuary.

How to fill your bags? BottleDrop takes any returnable plastic, metal or glass bottle or can (with a 20 glass bottle limit). Any beverage container can be returned when a ten-cent deposit was paid at the time of purchase.

What to do with your bags once they are filled? Please bring your bags to the Center on the 4th Sunday of each month. Jason Hutchison will deliver the bags to a Bottle Drop location nearby.

Already have a BottleDrop account—great! Use one of our blue bags if you want PCSL to get the return credit. All the proceeds will go to the Center's account. This is just one more way to give to your community. The funds will be used towards the down payment on our future new home.



Sara Johnson
Board President



Volunteer Opportunities: GET INVOLVED!

We are volunteer led and managed and celebrate the many volunteers that help to make PCSL thrive. We are currently seeking additional volunteers in these areas:

YOUTH CHURCH TEACHER: *This is a wonderful chance to have fun with kids while teaching Science of Mind principles. There are two groups of children – 0-6 and 7-12. If you desire to work with either age group, please contact Sean Larkin at 503-702-0183. We are looking for regular and substitute teachers. Both receive stipends to offset expenses.*

IN FULL BLOOM: *Contribute to the beauty of our sanctuary through the donation and dedication of Sunday floral arrangements. Sign-up calendar and forms are available in the sanctuary.*

COMMUNITY REWARDS PROGRAMS:

Support PCSL with a portion of your purchases at Amazon.com (Amazon Smile) and Fred Meyer (Community Rewards). For more information, call PCSL office at 503-261-0677.

HOSPITALITY TEAM – Home is Where the Heart Is: *Erin Hurt is looking for a person or two to round out our Hospitality Team on Sundays. Duties include making coffee and setting up treats for either the 9 AM or 11 AM service on one Sunday a month. For more information, contact Erin Hurt at 360-909-4971.*

USHERS & GREETERS AND THE "CLEAN TEAM" – First Impressions: *Anette Bolster has an opening for Ushers and Greeters at either Sunday service. Become that friendly smile that welcomes people to our spiritual home. She also has a new opening for people who help to clean our space. The "Clean Team" maintains our clean and lovely environment. For more information, contact Anette Bolster at 503-826-6107.*

USED SCIENCE OF MIND MAGAZINES NEEDED:

Please bring old copies to the office. We would like to "recycle" them in our visitor packets.

On-Going Events and Programs

1st Saturdays, 12:30 - 2:00 PM

MONTHLY SOCIAL JUSTICE BOOK CLUB MEETING

Join us as we continue our study of racism in America and how we can make a difference. We will alternate months – a book on white privilege with one from the black perspective. Contact Nancy Ashley at 503-880-0308 for more information.

2nd Fridays, 7:00 PM

SPIRITUAL CINEMA CIRCLE

A night at the movies with films endorsed and produced by some of our spiritual leaders. There will be popcorn and a Practitioner-led discussion after the film. This is a free event, however there will be an opportunity to contribute to the Sisters of the Road. For more information, contact Kathy Marshack, wonderwoman@kmarshack.com.

3rd Wednesdays, 7:00 PM

MONTHLY MEDITATION SERVICE

The PCSL Practitioners present a meditative service on the third Wednesday of every month.

Saturdays 11:00 AM to Noon

TRANSCENDENCE – 12-STEP MINISTRY FOR WOMEN

A Science of Mind Group meeting for women in any 12-Step program. We are currently studying the 12 Steps in relation to the book "Powerful or Powerless" using meditation and personal sharing to enhance the truth of who we are. Contact Nancy Ashley, RScP, for more information at 503-880-0308.

Sundays, 5:30 - 6:30 PM

HAVING HAD A SPIRITUAL AWAKENING GROUP

A Mindfulness And The 12 Steps Meditation Meeting

In this meeting we focus on Step 11 and the spiritual practices of prayer and mindfulness meditation. Each month, we explore one of the Twelve Steps and how prayer and mindfulness meditation can expand our awareness and improve our life in recovery.

*Opening Hearts
Igniting Minds
Making a Difference*

JOIN US AT THE CENTER

PORTLAND
**Center for
Spiritual Living**

6211 NE M L King, Jr. Blvd.
Portland, Oregon 97211

PHONE 503.261.0677

E-MAIL info@PCSL.us

CONNECT ON LINE



AVAILABLE WHEN YOU ARE
You can now listen to the Sunday message at home and on your portable devices. Subscribe in iTunes, Google Play or at cslportland.org

VISIT OUR WEBSITE
cslportland.org

JOIN US ON FACEBOOK
[facebook.com/PortlandCSL](https://www.facebook.com/PortlandCSL)

FOLLOW US ON TWITTER
twitter.com/PortlandCSL

READ OUR BLOG
www.pcs.us/blog

NEWSLETTER CREDITS

EDITOR
June Gumz
greetingsJG@comcast.net

DESIGN
Cheri Smith

CONTRIBUTORS
Rev. Larry King
Sara Johnson
Janine Stewart

COMING EVENTS • GET THE LATEST UPDATES ONLINE: cslportland.org/events-calendar

JULY

**Sunday, July 15, after the 11:00 AM Service
ANNUAL PICNIC & BRING-A-FRIEND SUNDAY**
Peninsula Park, 700 N Rosa Parks Way
Bring a friend to our 11:00 AM service and meet everyone afterwards at Peninsula Park for our Annual Picnic. We'll provide the burgers, veggie-burgers and "dogs," you bring a side dish.



Ticket Sales Now Underway
DIVINE DINING
Feed your body.
Feed your soul. Feed your Center.

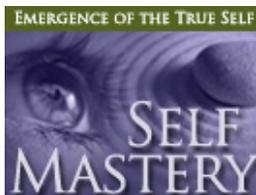


Bring your social calendar and be ready to buy tickets for your favorite parties. Support your Center and have a great time with fun, friends and food. Enjoy your summer with Divine Dining! Tickets are available for sale in the sanctuary after the first and second services each Sunday.

Thurs, July 19—September 6, 6:30—9:30 PM
SUMMER CLASS: SELF-MASTERY
Taught by Kate Barrett, RScP

A deeper inward journey opening the door to reveal the wholeness of self and deepening the experience of Oneness in Spirit. Explore feelings, ego, relationships and the process of change, while discovering new ways to deepen human love, trust forgiveness and gratitude.

\$225.00 (Early Bird) paid in full by June 24th
\$245.00 regular price (paid by first class)
\$365.00 paid in three installments
\$ 50.00 deposit to hold your space



Book required:
Living the Science of Mind, by Ernest Holmes
Prerequisite:
Foundations

AUGUST

**August 24th—August 26th
COMMUNITY RETREAT**
Discover a World of Wonder!
Join us for a relaxing weekend celebrating our connection with God, nature and each other at Menucha. There will be workshops, community singing and opportunities to create, enjoy nature and to celebrate our individuality and culture. We will have separate youth activities during adult workshops. Price includes food, shared lodging and all activities. Everyone is welcome!



\$275 Adult Early Bird Special (thru July 23rd)
\$300 Regular Adult Price
\$35 Youth, 7-12 (younger children free)
\$10 additional charge for special meals.

SEPTEMBER

**Saturday, September 8th
AIDS WALK PORTLAND**
The Fields Park in the Pearl
1099 NW Overton St, Portland, OR 97209
Join "Team PCSL" as we support Cascade AIDS project to help Oregonians living with HIV and AIDS.



Friday, September 14th, 7:00 PM
BRIGHT LIGHT TALENT NIGHT
Your Chance To Shine!
Do you have a song to sing, a dance to dance or a skit to perform? Share your talent with your community and have oodles of fun! Bright Light Talent Show is a family-friendly evening of fun and folly. Tickets available at the door for \$15.00. Children's tickets \$5.00. Proceeds help to support our amazing Music Program!

All activities held at the Center unless otherwise noted.
MORE INFO at cslportland.org/events-calendar.