

“Giving Up The Fantasy”

Discussion/Study Material for the podcast from Sunday 02/04/2018

From Dr. John F. Demartini’s book “The Heart of Love,” page 4:

“Happiness isn’t the reason for being with someone, anyway. The purpose of relationships is to help awaken you to the inherent balance existing within and around you, and to assist you in acknowledging your own magnificence and wholeness. In fact, after the initial crush wears off, your disillusionment (the realization that *Oh, boy—this one isn’t going to make me happy either*) serves as a reminder of this basic truth.”

Discussion/Study Questions:

1. Discuss your own ideas around the purpose of relationships. How do you feel about Demartini’s point of view?
2. How can relationships “assist you in acknowledging your own magnificence?”
3. What has your experience been when the initial “crush” of a relationship wears off?