

“Climbing the Tower”

Discussion/Study Material for the podcast from Sunday 02/11/2018

From Dr. John F. Demartini’s book “The Heart of Love,” page 45:

“Wouldn’t it be useful to be able to tell someone what’s really important to you, or even better, to know it for yourself? Not what you think “should” be significant based on your upbringing and the culture in which you now live, but what’s actually essential and fulfilling to you? Suppose you could realize your key values hierarchy just by looking at your habitual actions and thought with fresh eyes?”

Discussion/Study Questions:

1. For a relationship to succeed, why do you think shared values are important?
2. Do you know what’s really important to you? Could you name five things that are essential to you and that you’d want to have in common with people close to you?
3. How might you find out what values you share with friends and family members?