

“It’s Not Over Until...”

Discussion/Study Material for the podcast from Sunday 02/25/2018

From Dr. John F. Demartini’s book “The Heart of Love,” page 193:

“...certain so-called tragedies stand out as bigger and “badder,” don’t they? These tend to challenge our ideas about loss, gain, and transformation. Yet when we study them, they can actually bolster our confidence in the integrity and unending wholeness not only of our world, but also of the universe. In time, we can come back to the realization that apparent endings, such as death or divorce, don’t actually mean that we’re relinquishing anything; they’re a form of transformation. Just as nothing’s gained from someone else, nothing’s lost, either.”

Discussion/Study Questions:

1. Despite the emotional pain that may come from the ending of a relationship, what long-term benefits may arise?
2. How may a “break up” be viewed as a “transformation?”
3. What is meant by Demartini’s assertion “Just as nothing’s gained from someone else, nothing’s lost, either”?