



October 2022
vol 13: issue 5



OUR BI-MONTHLY NEWSLETTER

Life Changes



By June Gumz,
newsletter editor

Yesterday I won \$7.00 at the dime and dice group. If you have never played the game, you can learn all the rules in one minute. It is the sort of silly game I felt too smart to ever be involved in until I moved to an independent living center. I spent several months being too snooty to consider joining the group. Then one day I was kind of lonely and it looked as if they were having a great time, so I asked to sit in. The first week I went home with all the dimes and experienced real camaraderie. We meet every Sunday afternoon and enjoy each other's company.

Another change coming up for me is a decision about whether to stop driving when my car lease is up in December. This is a major consideration for any older person. Since I want to be in charge of my life style, I want to stop driving on my time schedule, not my son and daughter's. There are places I want to be able to go, such as the Portland Center for Spiritual Living, a discussion group, visiting with friends and shopping. If I decide the highways are safer without me, then Uber will become my friend.

I like order. The closet in my bedroom at the 'home' didn't permit any meaningful organization, so I contacted a closet manufacturer and had shelves, a hamper, drawer and racks put in. Now, when I am in bed facing the closet, I feel at peace.

Changes, even small ones, can be impactful. Letting go of judgments about people's pastimes, deciding whether to give up driving, or creating order where there was chaos, allows us to take charge of our lives in big and small ways.

We have the power to adjust.



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Fall Harvest



In the ancient world, harvest time was a big deal. It was a tangible representation of your efforts for the first three-quarters of the year. It represented the completion of your intentions (planting), your labor (weeding and watering) and your choices (when and what to plant).

Today we may not depend upon our gardens for sustenance -- but each of us has created a harvest of ideas and outcomes worth considering.

Did you set intentions for the year? Intentions represent the Power of your Word for harnessing God's abundance in your life. They are the seeds you plant. I set three primary intentions:

1. Complete my book of Ernest Holmes affirmations.
2. Make significant progress on having our house at the beach built.
3. Add three new income streams into my prosperity plan.

My harvest is well underway. Although I do not think it will be finished by the end of the year, my book of affirmations is making good progress. Likewise, I've added two new income streams into my financial plans.

As for the beach house? We had trouble finding a contractor to build the house. After the third builder changed his mind, we were becoming frustrated.

Then we got a call from the realtor who sold us the lot, "I know you guys are having trouble finding a builder. Would you consider a nice house that's already built?

This was a great metaphysical lesson. What if you plant the wrong seed? Even mid-season, you can adjust your intentions. Voilà: house completed. We take ownership of a nicer house than we had planned at a better price!

So how is your harvest coming. It's probably time for everyone to evaluate the year's progress. Has 2022 brought you what you planned? Did you make plans? Ernest Holmes, the founder of the Science of Mind, had this to say about intentions in *This Thing Called Life*:



"Just what is meant by 'your word?' It means your conscious intention, your conscious direction, your conscious faith and acceptance that, because of what you are doing, the Power will flow through your word in the direction you give it."

This month we're using Annie Rix Militz' book [Prosperity](#) to provide intentionality to our progress towards financial freedom. If this is interesting to you, make sure you join our drop-in Connection Circle after the service to discuss how you might increase the yield of your harvest.

**Much Love and Many Blessings,
Rev. Larry**

How do I Improve My Prosperity Consciousness?



**Nancy Ashley
RScP**

When I think of prosperity I am aware of several aspects that help me:

Gratitude, Good Stewardship, the Law of Circulation and Affirmations.

Let me explain.

My first question to anyone working on Prosperity is: Am I worthy of Prosperity? Do I have some old scripts that need to be brought into the light of day?

Then:

We know that Gratitude is a thought that brings more of what we are conscious of into our lives. So being grateful for all the blessings we already have, brings more of the good to us. If there is ever a question of what these blessings are, I just look around the world where there have been horrific events and I am free of them. But more than that I have a Beloved Community at the Center, as well as a loving home, family and of course my cat.

Good stewardship was taught to me by my parents, and so that is more natural to me than for some who have struggled with it as adults. It doesn't mean abstemiousness, but careful use of my time and treasures; I was taught to save, as a young person, and so I have more financially today in retirement than many, and I try to be careful with my spending. But I also have to manage my time and energy to not get over-scheduled.

This leads to the Law of Circulation, which states that as I give to the world, it comes back to me pressed down, multiplied and overflowing (see below). This includes tithing, sharing with appropriate non-profits, and of course with my family as the need arises (sometimes called the Bank of Nancy in emergencies.)

My common Affirmations include:

- God is the source and substance of all, and I am given all I need, as I need it, and I give thanks.
- As I give to the world, it returns to me pressed down, multiplied and overflowing.
- I am loved unconditionally by God/Goddess/Spirit and knowing this nourishes me at all times.

In the form of our prayer:

God is abundance, love, unity everywhere.

I am One with God, and therefore I am free to express abundance, love, and unity with all beings.

I claim and affirm my abundance of Love, Prosperity, and Unity with all, on a daily basis.

I am SO grateful that this is so.

I release this prayer into the action and activity of the Law, which always says YES. And so it is.

***"I am loved
unconditionally
by God/Goddess/
Spirit and
knowing this
nourishes me at
all times."***

Board Report

Today I focus on what's really important. I put aside my human desire "to be right," and take up the divine promise "to be happy."

~ Rev. Larry King

Each and every one of us is a center point of Divine operation, spreading Love, Light, and opening up new pathways of abundance. What a beautiful and powerful affirmation for each of us and PCSL. Throughout this year the Board of Directors have been focused on ways to create more opportunities for our community to reconnect, connect, and feel welcomed, seen and accepted. This summer we held our annual picnic for the first time since the pandemic. It was an absolute joy to see so many of our old friends and we welcomed some new friends too! We also reinstituted Divine Dining for the first time in 3 years. A huge thank you to all our hosts who so graciously opened their homes to guests and provided food and entertainment while raising funds for PCSL.

This October will have a plethora of activities and events for our community. Our annual stewardship program, "Partners in Prosperity", will begin the first of October and run throughout the month. There are various workshops and educational opportunities for all who are curious. (Go to our website CSLPortland.org to learn more).

We're blessed to have Helen McCann, retired CPA, as vice President of the Board of Directors. Helen will be hosting 3 free informational presentations on planned giving, including, how to use donor advised funds to get a big tax break; and information on trusts and wills. My husband and I attended the first of the series, titled "How to save money on taxes by donating part of your IRA." The information was clear, concise and illuminating. I highly recommend attending the next few sessions!

Our Town hall meeting has been moved up to Sunday, October 16th as a hybrid meeting. That is, via zoom and in person after the service. There will be multiple presentations on how we use donations so the congregation is informed on costs, and our financial position. Lunch will be provided for those attending in person. The Board of Directors is planning a Halloween party as "Fun-Raiser" on Monday October 31st. Costumes are recommended. The Halloween committee is very busy planning a fun evening for all!

We are also planning a silent auction in November during our harvest pot luck dinner. We are asking all creatives and anyone who has a service to offer or a vacation home or time share, to consider making a donation of your art, week, or service to the silent auction. You can email any member of the board with your suggested donation or sign up in the back of the sacristy. More information about the silent auction will follow in November.

Please join in, connect and celebrate all that makes PCSL our Spiritual Home.

***Much Love and Many Blessings,
Nadine Moller, RScP, President***



- Make a donation online: cslportland.org/donate/
- Become a fan on Facebook: facebook.com/cslportland
- Follow us on Twitter: twitter.com/portlandcsl
- Interact with Rev. Larry's Blog: cslportland.org/blog
- Listen to a Podcast: cslportland.org/podcasts/

Fall Events

Monday, Oct. 31, 4-7pm PDT Halloween Party FUN-raiser

Put on your costume! We're hosting a Halloween Party here at the Center on Monday, October 31st from 4:00-7:00pm. Children of all ages will enjoy games, food, spooky activities and music. Cakewalk or moonwalk—everyone will have fun. [Click here to find out more and buy tickets on our website.](#)



Sunday, Nov. 20, after Celebration Service Harvest Potluck (and 'bring a friend' Sunday)

Join us as we gather for a Fall potluck in celebration of the bounty of Spirit present in our Community. The Center provides turkey and ham; you bring your favorite side dishes to share for our "Thanksgiving." Let's expand our loving community by bringing a friend this Sunday!

Wednesday, Nov. 23, 7-8pm PST Gratitude Service

Our annual Gratitude Service celebrates the completion of our Fall Connection Circles and begins the Thanksgiving holiday. We'll be on zoom so that everyone will have a chance to share their gratitude for this year and beyond.

Powering Your Decisions

*Facilitated by Rev. Marilyn Sprague, Teaching Assistant Donna Wallace, RScP
8-Weeks; Tuesday Nights*

11/01/2022 - 12/20/2022; 5:30-8:00pm

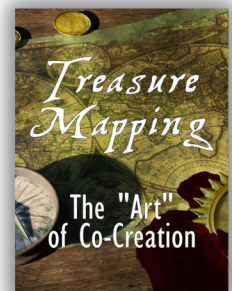
You already possess greater ideas than you ever thought possible, but first you must find a pathway to their discovery. This course takes you on such a journey to help you produce better results with confidence and clarity for life. Attract new ideas into your life today while gaining greater mastery of practical spiritual tools you can apply to all your future decisions about health, happiness, creativity, and richer living. In this course, you will realize the power of letting go of thoughts that no longer serve. This course offers practical exercises and hands-on self-assessments to strengthen your spiritual understanding of how to live Spiritual Principles and deepen your relationship with Spirit, God, the Divine Nature of the Universe.

Treasure Mapping The "Art" of Co-Creation

*Facilitated by Rev. Larry King
Saturday 1/2 Day, In-Person, Workshop*

11/12/2022; 9:00 AM—12:00 PM PT

Treasure Mapping is an easy, fun and interactive process of using the Spiritual Law of Attraction in a conscious and intentional way. Learn how to create a more abundant life through intention and visualization. We will create treasure maps (story boards) to clarify and focus our desires for a greater experience of life.



We rent our space!
*Planning a meeting,
event or special
occasion?
Contact Jason
Hutchison for rental
info at 503-807-1227*