

Spiritual Mind Treatment

The SOM 5 “Affirmative Prayer” Steps

Purpose: Have clarity about what you want to experience—your purpose. What will you have or experience when the prayer is answered? What is your “mental equivalent” for what you want?

Step 1: Recognition: You recognize the limitless power of God. You highlight those specific qualities of God that relate to your desired outcome.

Step 2: Unification: You align or unify yourself with God and God’s power. As your desired outcome is within God’s power—it’s also within your power.

Step 3: Realization: You affirm your desired outcome. You “realize” that what you want to have or experience is yours right now. You simply state what you desire as though you already have it.

Step 4: Thanksgiving: You give thanks for your good as though it’s already yours.

Step 5: Release: You release your prayer completely knowing that God will take care of it.

Sample Prayer for Success

1. God is the source of all good. This includes every element of success: achievement, authentic power, financial freedom, inspiration and talent. Every good thing is in infinite supply and freely given by all-powerful Spirit.
2. I accept the creative power and full resources of God at my disposal. God’s capacity for achievement are mine. Divine Abundance and inspiration are here for me now, to use and to share.
3. I now claim complete success in all of my affairs. Each endeavor that I undertake is fully supported by God. I listen for Divine guidance and use my intuition to great effect. The choices that I make are well-chosen and lead me into greater positive outcomes. I am successful!
4. I give thanks for participating in the growing success of the planet.
5. And so it is!